

Does practice make perfect?

Key Vocabulary	Netball
Aim	To focus on where you want the ball to go before passing or shooting.
Technique	The correct way of performing a skill, such as passing, shooting, or footwork.
Shoot	To try to score by throwing the ball into the netball hoop.
Control	Keeping the ball steady when catching, holding, or preparing to pass or shoot.
Teamwork	Working well with teammates by communicating, passing, and moving together.
Speed	How quickly a player can move around the court or react during play.
Bounce pass	A type of pass where the ball is thrown to the floor so it bounces once before reaching a teammate.

Steps to Success in Netball

To pass the ball in a variety of ways with confidence and control

To move with the ball at speed

To mark, track and cover when defending

To keep possession of the ball when faced with opponents

To work together as a team, showing goof awareness of others

To apply attacking and defending skills in game situations

